

Lunch Specials

Starters & Small Bites

Homemade Vegetable Soup 7, 9, 12, V	with Bread roll 1	€ 6.30
Ciabatta Garlic Bread 1, 7, 10, V		with cheese € 7.00
Crispy Garlic Mushrooms 1, 3, 6, 7, 10, V CC	Freshly breaded, garlic mayonnaise dip	€ 8.30
Handmade Veg Spring Rolls 1, 6, 7, 10, 11, 12, V CC	Chilli Jam dipping sauce	€ 9.30
Spicy Sticky Chicken Wings 1, 6, 11 CC	With Sesame, Honey & Sweet Chilli Glaze	€ 9.30
Crispy Fried Three Cheese Bon-Bon 1, 3, 7 CC	With a Chilli Jam Dip 1,6,10,12. Deep Fried Parmesan, Cheddar & Mozzarella Cheese Balls	€ 8.50
Tex-Mex Chicken (Spicy) 1, 3, 6, 7, 9, 10 CC	Hand tossed in spice blend, garlic mayonnaise	€ 10.50
Chicken Caesar Salad 1, 3, 7, 9, 10	Warm chicken, bacon, croutons, parmesan & leaves, caesar dressing	€ 10.50
Salmon & Cod Fishcakes 1, 3, 4, 6, 7, 12 CC	With a hint of chilli, Ballymaloe Relish and basil pesto	€ 10.50
Crispy Chilli Prawns Tempura 1, 2, 6, 7 CC	Lightly battered prawns, sweet chilli & crème fraîche dip	€ 10.50
Prawn Cocktail 1, 2, 3, 4, 10	North Atlantic baby prawns with our Marie Rose sauce	€12.00

Mains

Beef Casserole served with Creamy Mash 7		€ 16.90
Honey Glazed Loin of Bacon & Buttered Cabbage served with Parsley Sauce 1,3,7,12		€ 16.50
Chicken & Bacon Vol au Vents served with Chips & Coleslaw 1,3,6,7,9,10,12, CC		€ 16.50
Succulent Crumbed Fried Chicken served with Chips & Coleslaw 1,3,6,7,10,CC		€ 16.20
Pepper Breaded Chicken Succulent Crumbed Chicken with Creamy Peppercorn Sauce served with Chips & Coleslaw 1,3,6,7,10,12 CC		€ 17.20
Cheeseburger 1, 3, 6, 7, 10, 11 CC Irish Cheddar, lettuce & sauté onions served with Chips & Coleslaw (Add Bacon € 1.50 extra)		€ 16.20
Battered Fillet of Cod with Peas, Chips & Tartar Sauce 1,3,4,6,10,12 CC		€ 18.60
Roast Stuffed Turkey & Ham 1,6,7,12		€ 17.60
Salmon & Cod Fishcakes Main 1, 3, 4, 6, 7, 12 CC With a hint of chilli, Ballymaloe Relish and basil pesto served with Chips		€ 17.60
Aromatic Chicken Curry 6, 7,10 CC (ginger, chilli, coriander, pineapple, coconut milk) served with Basmati rice, poppadom 1		€ 17.60
Creamy Chicken, Sundried Tomato & Basil Pasta 1, 7, 12 CC basil, red pepper salsa , topped with rocket & parmesan		€17.60
Atlantic Salmon Fillet 1, 3, 4, 7, 12 CC Pan seared with lemon pesto cream sauce		€ 19.70
Spinach & Ricotta Tortelli Pasta 1, 3, 7, 10, 12, V in creamy tomato sauce and served with garlic bread		€ 15.50
Thai Green Vegetable & Chickpea Curry 6 (chilli, basil, coconut milk and lemongrass) with Basmati rice & poppadum 1		€ 16.20
Minute Steak 8oz served with Crispy Fried Onion Rings 1,3,6,CC & Choice of Sauces, Black Pepper 7,12, Garlic Butter 7, Beef Jus 6,7,12		€ 22.40

House Salad

Lettuce leaves, roasted peppers, chopped tomatoes, beetroot, spring onion, cucumber, roasted chickpeas, Sprinkled with toasted pumpkin seeds, house dressing

House Salad 7, 10, 12 V		€ 12.40
With Warm Fivemiletown Goats Cheese & Caramelised Onion 7, 10, 12		€ 15.90
With Fresh Salmon 4, 7, 10, 12		€ 17.20
With Roast Chicken 7, 10, 12		€ 16.50
Chicken Caesar Salad 1, 3, 6, 7, 9, 10 Warm chicken breast, bacon, croutons, parmesan, lettuce, caesar dressing		€ 15.50

All Dishes Served with Cream Potato and Selection of Vegetables, except where already stated

All our Beef, Chicken and Free Range Eggs are 100% Irish

***Note : Chips and items marked with cc are not suitable for Coeliacs and are subject to contamination from all allergens (from fryer)!*

See Allergen Folder available at desk and consult your server.

1. GLUTEN 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYBEANS 7. MILK 8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME SEEDS 12. SULPHITE 13. LUPIN 14. MOLLUSCS