

# Lunch Specials

## Starters & Small Bites

<b>Homemade Vegetable Soup</b> 7, 9, 12, V	with Bread roll 1	€ 6.00
<b>Ciabatta Garlic Bread</b> 1, 7, 10, V		with cheese € 6.70
<b>Crispy Garlic Mushrooms</b> 1, 3, 6, 7, 10, V CC	Freshly breaded, garlic mayonnaise dip	€ 7.90
<b>Handmade Veg Spring Rolls</b> 1, 6, 7, 10, 11, 12, V CC	Chilli Jam dipping sauce	€ 8.90
<b>Tex-Mex Chicken (Spicy)</b> 1, 3, 6, 7, 9, 10 CC	Hand tossed in spice blend, garlic mayonnaise	€ 9.90
<b>Spicy Sticky Chicken Wings</b> 1, 6, 11 CC	With Sesame, Honey & Sweet Chilli Glaze	€ 8.90
<b>Chicken Caesar Salad</b> 1, 3, 7, 9, 10	Warm chicken, bacon, croutons, parmesan & leaves, caesar dressing	€ 9.90
<b>Prawn Cocktail</b> 1, 2, 3, 4, 10	North Atlantic baby prawns with our Marie Rose sauce	€ 11.50
<b>Salmon &amp; Cod Fishcakes</b> 1, 3, 4, 6, 7, 12 CC	With a hint of chilli, Ballymaloe Relish and basil pesto	€ 9.90
<b>Crispy Chilli Prawns Tempura</b> 1, 2, 6, 7 CC	Lightly battered prawns, sweet chilli & crème fraîche dip	€ 9.90
<b>Crispy Fried Three Cheese Bon-Bon</b> 1, 3, 7 CC	With a Chilli Jam Dip 1,6,10,12. Deep Fried Parmesan, Cheddar & Mozzarella Cheese Balls	€ 7.90

## Mains

<b>Honey Glazed Loin of Bacon &amp; Buttered Cabbage</b> served with Parsley Sauce 1,3,7,12		€ 15.90
<b>Beef &amp; Vegetable Stew</b> served with Creamy Mash 6,7,12 CC		€ 16.90
<b>Chicken &amp; Bacon Vol au Vents</b> served with Chips & Coleslaw 1,3,6,7,9,10,12, CC		€ 15.90
<b>Roast Stuffed Irish Chicken</b> 1,6,7,12 CC		€ 15.90
<b>Succulent Crumbed Fried Chicken</b> served with Chips & Coleslaw 1,3,6,7,10,CC		€ 15.50
<b>Pepper Breaded Chicken</b> Succulent Crumbed Chicken with Creamy Peppercorn Sauce served with Chips & Coleslaw 1,3,6,7,10,12 CC		€ 16.50
<b>Cheeseburger</b> 1, 3, 6, 7, 10, 11 CC Irish Cheddar, lettuce & sauté onions served with Chips & Coleslaw (Add Bacon € 1.50 extra)		€ 15.90
<b>Battered Fillet of Cod with Peas, Chips &amp; Tartar Sauce</b> 1,3,4,6,10,12 CC		€ 17.90
<b>Roast Stuffed Turkey &amp; Ham</b> 1,6,7,12		€ 16.90
<b>Salmon &amp; Cod Fishcakes Main</b> 1, 3, 4, 6, 7, 12 CC With a hint of chilli, Ballymaloe Relish and basil pesto served with Chips		€ 16.90
<b>Aromatic Chicken Curry</b> 6, 7,10 CC (ginger, chilli, coriander, pineapple, coconut milk ) served with Basmati rice, poppadom 1		€ 16.90
<b>Creamy Chicken, Sundried Tomato &amp; Basil Pasta</b> 1, 7, 12 CC basil, red pepper salsa , topped with rocket & parmesan		€ 16.90
<b>Chicken Stirfry</b> 6, 11,12 CC Sauté strips of chicken breast, seasonal vegetables, ginger, honey, chilli & hoisin sauce, basmati rice		€ 16.90
<b>Crispy Chicken Parmigiana</b> 1, 3, 6, 7, 10, 12 CC Breaded Chicken, tomato sauce, mozzarella cheese, parmesan, balsamic glaze served with Chips		€ 17.90
<b>Atlantic Salmon Fillet</b> 1, 3, 4, 7, 12 CC Pan seared with lemon pesto cream sauce		€ 18.90
<b>Pesto Chilli Salmon</b> 4, 7 CC Atlantic salmon baked with sweet chilli and basil pesto glaze		€ 19.90
<b>Spinach &amp; Ricotta Tortelli Pasta</b> 1, 3, 7, 10, 12, V in creamy tomato sauce and served with garlic bread		€ 14.90
<b>Thai Green Vegetable &amp; Chickpea Curry</b> 6 (chilli, basil, coconut milk and lemongrass) with Basmati rice & poppadum 1		€ 15.90
<b>W.B.'s Cheesesteak OR Peppersteak Sandwich</b> 1, 3, 7, 10, 12, CC with saute onions on garlic ciabatta		€ 21.50
<b>Minute Steak 8oz</b> served with Crispy Fried Onion Rings 1,3,6,CC & Choice of Sauces, Black Pepper 7,12, Garlic Butter 7, Beef Jus 6,7,12		€ 21.50

## House Salad

Lettuce leaves, roasted peppers, chopped tomatoes, beetroot, spring onion, cucumber, roasted chickpeas, Sprinkled with toasted pumpkin seeds, house dressing

<b>House Salad</b> 7, 10, 12 V		€ 11.90
<b>With Warm Fivemiletown Goats Cheese &amp; Caramelised Onion</b> 7, 10, 12		€ 15.90
<b>With Fresh Salmon</b> 4, 7, 10, 12		€ 16.50
<b>With Roast Chicken</b> 7, 10, 12		€ 15.90
<b>Chicken Caesar Salad</b> 1, 3, 6, 7, 9, 10 Warm chicken breast, bacon, croutons, parmesan, lettuce, caesar dressing		€ 14.90

*All Dishes Served with Cream Potato and Selection of Vegetables, except where already stated*

*All our Beef, Chicken and Free Range Eggs are 100% Irish*

*\*\*Note : Chips and items marked with cc are not suitable for Coeliacs and are subject to contamination from all allergens (from fryer)! See Allergen Folder available at desk and consult your server.*

1. GLUTEN 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYBEANS 7. MILK 8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME SEEDS 12. SULPHITE 13. LUPIN 14. MOLLUSCS